

# Gardening for Moist Areas

**FREE!**  
Please take one!

The majority of garden plants are tolerant of wet soil for short periods of time. It is very natural for many areas to be quite wet in the spring as the ground thaws and the snow melts.

However, garden sites that remain wet throughout the year demand the use of moisture-tolerant or even moisture-dependant species.

The following is a selection of plant material that enjoy wet soil:

### Shade Tree

- Red Maple (Acer rubrum and cultivars)
- Silver Maple (Acer saccharinum)
- Alders (Alnus species)

- River Birch (Betula nigra)
- Pin Oak (Quercus palustris)
- Willow (Salix species)

### Evergreen Trees

- Weeping False Cypress (Chamaecyparis nootkatensis)

- White Cedar (Thuja occidentalis)

### Shrubs

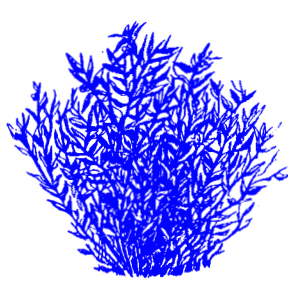
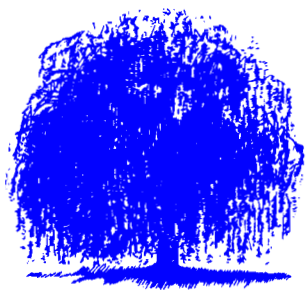
- Chokeberry (Aronia species)
- Button Bush (Cephalanthus)
- Redtwig Dogwood (Cornus sericea, C. stolonifera)
- Winterberry (Ilex verticillata)

- Spice Bush (Lindera benzoin)
- Pussy Willow (Salix)
- Elder (Sambucus varieties)
- Witherod (Viburnum cassinoides)

### Ferns

- Leather Wood (Dryopteris marginalis)
- Toothed Wood (Dryopteris spinulosa)
- Marsh Fern (Dryopteris thelypteris)
- Ostrich Fern (Matteuccia struthiopteris)

- Sensitive Fern (Onoclea sensibilis)
- Cinnamon Fern (Osmunda cinnamomea)
- Royal Fern (Osmunda regalis)
- Virginian Chain (Woodwardia virginica)



### Hardy Perennials

These plants do not demand boggy soil and are hardy in the regular garden. They are all moisture tolerant and provide greater choice for poolside or boggy plantings.

**More tips on the other side!**

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| Monkshood (Aconitum)   | Ligularia (Ligularia stenocephala 'The Rocket' and other varieties) |
| Sweet Flag (Acorus)  | Cardinal Flower (Lobelia)   |
| Ajuga (Ajuga)  | Lupine (Lupinus 'Russell Hybrid')                                   |
| Lady's Mantle (Alchemilla)                                     | Maltese Cross (Lychnis chalcidonica)                                |
| Jack-in-the-Pulpit (Arisaema triphyllum)                       | Maltese Cross (Lychnis chalcidonica)                                |
| Goat's Beard (Aruncus sylvestris)                              | Gipsywort (Lycopus eurpeaus)  |
| Wild Ginger (Asarum canadense)                                 | Gooseneck Loosestrife (Lysimachia clethroides)                      |
| Astilbe (Astilbe varieties)                                    | Creeping Jenny (Lysimachia nummularia)                              |
| Rodgersia (Astilboides tabularis)                              | Yellow Loosestrife (Lysimachia punctata)                            |
| Masterwort (Astrantia major)                                   | Mazus (Mazus reptans)   |
| Quamash (Camassia quamash)                                     | Himalayan Blue Poppy (Meconopsis baileyi (M. Betonicifolia))        |
| Cuckoo Flower (Cardamine pratensis)                            | Variegated Apple Mint (Mentha suaveolens variegata)                 |
| Turtle Head (Chelone)  | Bee Balm (Monarda varieties)  |
| Snakeroot (Cimicifuga racemosa)                                | Forget-Me-Not (Myosotis)  |
| Spring Beauty (Claytonia virginica)                            | Grass of Parnassus (Parnassia palustris)                            |
| Lily-of-the-Valley (Convallaria majalis)                       | Umbrella Plant (Peltiphyllum peltatum (Darnera))                    |
| Bunchberry (Cornus canadensis)                                 | Chinese Lantern (Physalis alkekengi)                                |
| Kenilworth Ivy (Cymbalaria muralis)                            | May Apple (Podophyllum peltatum)                                    |
| Bleeding Heart (Dicentra)                                      | Solomon's Seal (Polygonatum)  |
| Foxglove (Digitalis)   | Himalayan Fleecflower (Polygonum affine 'Darjeeling Red')           |
| Shooting Star (Dodecatheon meadia)                             | Primrose (Primula)  |
| Yellow Adder's Tongue (Erythronium americanum)                 | Self Heal (Prunella grandiflora)                                    |
| Mist Flower (Eupatorium)                                       | Double Buttercup (Ranunculus acris 'Multiplex')                     |
| Joe-Pye Weed (Eupatorium purpureum)                            | Creeping Buttercup (Ranunculus repens)                              |
| Meadow Sweet (Filipendula vulgaris)                            | Ornamental Rhubarb (Rheum palmatum)                                 |
| Queen-of-the-Prairie (Filipendula rubra (Venusta) 'Magnifica') | Rodgersia (Rodgersia)   |
| Queen-of-the-Meadow (Filipendula ulmaria)                      | Bloodroot (Sanguinaria canadensis)                                  |
| Helenium (Helenium)  | Bouncing Bet (Saponaria officinalis)                                |
| Christmas Rose (Helleborus niger)                              | Pitcher Plant (Sarracenia purpurea)                                 |
| Daylily (Hemerocallis)   | Solomon's Plume (Smilacina)   |
| Liverwort (Hepatica)   | Golden Wood Poppy (Stylophorum diphyllum)                           |
| Giant Hogweed (Heracleum mantegazzianum)                       | Ornamental Comfrey (Symphytum)                                      |
| Dame's Rocket (Hesperis matronalis)                            | Telekia (Telekia speciosa (Bupthalmium))                            |
| Rose Mallow (H. Moscheutos)                                    | Meadow Rue (Thalictrum)   |
| Hollyhock (Alcea officinalis)                                  | Foamflower (Tiarella cordifolia)                                    |
| Golden Seal (Hydrastis canadensis)                             | Tovara (Tovara virginianum)   |
| Japanese Poppy (Hylomecon japonicum)                           | Spiderwort (Tradescantia varieties)                                 |
| St. John's Wort (Hypericum)                                    | Toad Lily (Tricyrtis hirta)   |
| Japanese Iris (Iris kaempferi)                                 | Snowy Trillium (Trillium grandiflorum)                              |
| Iris Laevigata (Iris laevigata)                                | Globe Flower (Trollius)   |
| Yellow Flag Iris (Iris pseudacorus)                            | Bellwort (Uvularia grandiflora)                                     |
| Blue Flag Iris (Iris versicolor)                               | Violet (Violet varieties)   |



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